IMPROVING STUDENT'S DISCIPLINE AND RESPECT DURING THE LESSONS

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Abstract:

This article examines effective strategies for improving students' discipline and respect during classroom lessons. In modern education systems, maintaining a positive learning environment is essential for achieving academic success and fostering personal development. However, many teachers face challenges related to student behavior, lack of attention, and insufficient respect toward peers and instructors. The study highlights that discipline is not only about controlling behavior but also about creating an engaging and supportive educational atmosphere. Respectful behavior in the classroom is influenced by teacher-student relationships, classroom management techniques, and the overall school culture. The article discusses practical approaches such as establishing clear rules and expectations, using positive reinforcement, applying interactive teaching methods, and promoting emotional intelligence among students. It also emphasizes the importance of teacher consistency, motivation, and role modeling in shaping students' attitudes. Furthermore, parental involvement and collaboration between home and school are identified as key factors in reinforcing discipline and respect. The findings suggest that when students feel valued and understood, they are more likely to demonstrate responsible behavior and mutual respect. Ultimately, improving discipline and respect in the classroom contributes to a more productive learning environment and enhances students' academic and social outcomes.

Keywords: student discipline, classroom management, respect, teacher-student

relationship, positive reinforcement, learning environment, behavioral development, education strategies.

O‘QUVCHILARNING DARS JARAYONIDA INTIZOM VA HURMATINI OSHIRISH

Annotatsiya

Ushbu maqola o‘quvchilarning dars jarayonida intizom va hurmatini oshirishga qaratilgan samarali strategiyalarni tahlil qiladi. Zamonaviy ta’lim tizimida ijobiy o‘quv muhitini yaratish o‘quvchilarning akademik muvaffaqiyati va shaxsiy rivojlanishi uchun muhim ahamiyatga ega. Biroq ko‘plab o‘qituvchilar dars jarayonida intizomsizlik, e’tiborsizlik va o‘qituvchi hamda sinfdoshlariga nisbatan hurmatsizlik kabi muammolarga duch keladilar. Maqolada intizom faqatgina xulq-atvorni nazorat qilish emas, balki qo‘llab-quvvatlovchi va qiziqarli ta’lim muhitini yaratish ekanligi ta’kidlanadi. Hurmatli munosabatlar o‘qituvchi va o‘quvchi o‘rtasidagi ijobiy aloqa, sinf boshqaruvi usullari hamda maktab madaniyati orqali shakllanadi. Tadqiqotda aniq qoidalarni belgilash, ijobiy rag‘batlantirish, interaktiv o‘qitish usullaridan foydalanish va o‘quvchilarning emotsional intellektini rivojlantirish kabi amaliy yondashuvlar ko‘rib chiqiladi. Shuningdek, o‘qituvchining barqarorligi, motivatsion roli va shaxsiy namunasi muhim omil sifatida yoritiladi. Oila va maktab hamkorligi ham intizom va hurmatni mustahkamlashda muhim o‘rin tutadi. Natijalar shuni ko‘rsatadiki, o‘quvchilar o‘zlarini qadrlangan va qo‘llab-quvvatlangan his qilganlarida, ular yanada mas’uliyatli xulq-atvor namoyon etadilar. Umuman olganda, intizom va hurmatni oshirish samarali o‘quv muhitini yaratishga va ta’lim natijalarini yaxshilashga xizmat qiladi.

Kalit so’zlar: o‘quvchi intizomi, sinf boshqaruvi, hurmat, o‘qituvchi-o‘quvchi munosabatlari, ijobiy rag‘batlantirish, o‘quv muhiti, xulq-atvor rivoji, ta’lim

УЛУЧШЕНИЕ ДИСЦИПЛИНЫ И УВАЖЕНИЯ УЧАЩИХСЯ ВО ВРЕМЯ УРОКОВ

АННОТАЦИЯ

Данная статья рассматривает эффективные стратегии улучшения дисциплины и уважительного поведения учащихся во время учебных занятий. В современных образовательных системах поддержание позитивной учебной атмосферы является важным условием успешного обучения и личностного развития учащихся. Однако многие преподаватели сталкиваются с проблемами, связанными с нарушением дисциплины, недостатком внимания и неуважительным отношением к учителям и одноклассникам. В статье подчеркивается, что дисциплина включает не только контроль поведения, но и создание благоприятной и мотивирующей образовательной среды. Уважительное поведение формируется под влиянием взаимоотношений между учителем и учениками, методов управления классом и общей школьной культуры. Рассматриваются практические подходы, такие как установление четких правил, использование положительного подкрепления, применение интерактивных методов обучения и развитие эмоционального интеллекта учащихся. Также подчеркивается важность последовательности действий учителя, его мотивационной роли и личного примера. Вовлечение родителей и сотрудничество между школой и семьей также играют значительную роль в укреплении дисциплины и уважения. Результаты показывают, что когда учащиеся чувствуют поддержку и уважение, они проявляют более ответственное поведение. В целом, улучшение дисциплины и уважения способствует созданию продуктивной учебной среды и повышает академические и социальные результаты учащихся.

КЛЮЧЕВЫЕ СЛОВА: дисциплина учащихся, управление классом,

уважение, взаимоотношения учитель-ученик, положительное подкрепление, учебная среда, поведенческое развитие, образовательные стратегии.

Introduction:

In recent years, maintaining student discipline and promoting respect in the classroom have become increasingly important aspects of effective teaching and learning. A well-managed classroom environment not only supports academic achievement but also contributes to the development of students' social and emotional skills. However, many educators face challenges such as disruptive behavior, lack of concentration, and insufficient respect among students during lessons. These issues can negatively affect the learning process and reduce overall classroom productivity. Therefore, it is essential for teachers to adopt appropriate strategies that encourage positive behavior and mutual respect. Effective classroom management, clear communication of rules, and the use of engaging teaching methods play a significant role in shaping students' attitudes. Additionally, creating a supportive and inclusive environment helps students feel valued and motivated to participate actively in learning activities. This introduction highlights the importance of discipline and respect as key factors in ensuring successful educational outcomes and sets the foundation for discussing practical approaches to improve classroom behavior.

Main Body:

Improving student discipline and respect during lessons requires a combination of effective teaching strategies, consistent classroom management, and positive teacher-student relationships. One of the most important factors is the establishment of clear rules and expectations at the beginning of the academic year. When students understand what behavior is acceptable, they are more likely to follow classroom norms and avoid disruptions.

Another key approach is the use of positive reinforcement. Rewarding good

behavior through praise, recognition, or small incentives encourages students to repeat respectful and disciplined actions. This method is often more effective than punishment, as it builds motivation and self-confidence.

Interactive and student-centered teaching methods also play a significant role in maintaining discipline. When lessons are engaging, students are less likely to lose focus or misbehave. Group work, discussions, and problem-solving activities help students stay involved and develop respect for their peers' opinions.[1]

Teacher behavior is equally important. A teacher who demonstrates patience, fairness, and respect sets a strong example for students to follow. Consistency in applying rules is also essential, as inconsistency can lead to confusion and loss of authority in the classroom.

Literature Review:

Research on student discipline and respect in the classroom has been widely discussed in educational theory and practice. Many scholars emphasize that classroom discipline is not merely about controlling student behavior, but about creating a structured and supportive learning environment. According to behaviorist theories, particularly the work of B.F. Skinner, student behavior can be shaped through reinforcement and consequences. Positive reinforcement is often highlighted as an effective method for encouraging desirable behavior in educational settings.

Constructivist theorists, such as Jean Piaget and Lev Vygotsky, focus on the importance of active learning and social interaction. Their ideas suggest that students develop respect and discipline when they are engaged in meaningful learning activities and collaborative tasks. Vygotsky's social development theory also emphasizes the role of teacher guidance and peer interaction in shaping behavior.

Modern classroom management research highlights the importance of teacher-student relationships. Studies show that students are more likely to demonstrate respect

[1] Skinner, B. F. (1953). *Science and Human Behavior*. New York: Free Press.

and discipline when they feel valued and understood by their teachers. Marzano's research on classroom management identifies clear rules, consistent consequences, and strong teacher leadership as key factors in maintaining order and respect.[2]

Methodology:

This study is based on a qualitative research approach aimed at exploring effective strategies for improving student discipline and respect during lessons. The research focuses on analyzing classroom management practices, teacher behavior, and student responses in educational settings.

Data were collected through a review of existing literature, including books, journal articles, and educational research studies related to discipline and classroom behavior. In addition, observational analysis of classroom environments was considered to understand how teachers apply discipline strategies in real situations.

The study also examines theoretical frameworks such as behaviorism, constructivism, and emotional intelligence theory to identify how these concepts influence student behavior. These theories help explain the relationship between teaching methods and student discipline.

The collected information was analyzed thematically, grouping similar ideas and strategies such as positive reinforcement, rule establishment, teacher-student interaction, and parental involvement. This method allowed for a clear understanding of the most effective approaches used in classroom management.

The research does not involve statistical experiments but instead relies on descriptive and analytical methods to interpret findings from previous studies. This methodology provides a comprehensive understanding of how discipline and respect can be improved in educational environments through practical and evidence-based strategies.

Conclusion:

1. [2] Marzano, R. J. (2003). *Classroom Management That Works: Research-Based Strategies for Every Teacher*. Alexandria, VA: ASCD.

Discipline and respect are not isolated classroom issues; they are deeply connected to teaching methods, school culture, teacher professionalism, and student emotional development. When these elements work together effectively, students are more likely to demonstrate responsible behavior, active participation, and positive interpersonal relationships.

One of the key findings highlighted in this study is that discipline should not be understood merely as strict control or punishment. Instead, it should be viewed as a structured system that guides students toward self-regulation and responsible behavior. Modern educational approaches emphasize the importance of positive reinforcement, clear expectations, and consistent classroom rules. These strategies help students understand boundaries while also motivating them to behave appropriately without fear or pressure.

Another important conclusion is the significant role of the teacher in shaping classroom behavior. Teachers are not only knowledge providers but also role models for students. Their attitude, communication style, and consistency directly influence how students behave in the classroom. A respectful and supportive teacher creates a safe learning environment where students feel valued and are therefore more likely to show respect in return. On the other hand, inconsistency or lack of engagement from teachers may lead to discipline problems and reduced student motivation.

The study also shows that interactive and student-centered teaching methods contribute significantly to maintaining discipline. When students are actively involved in learning through discussions, group work, and practical activities, they are less likely to engage in disruptive behavior. Engaging lessons reduce boredom, increase attention, and promote cooperation among students. This highlights the importance of lesson planning and teaching creativity in managing classroom behavior effectively.

Furthermore, emotional intelligence plays an essential role in student discipline

and respect. Students who are able to understand and manage their emotions tend to react more calmly in challenging situations. Teaching emotional skills such as empathy, self-control, and communication helps students develop better social behavior. Schools that integrate emotional learning into their curriculum often experience fewer behavioral issues and stronger peer relationships.

Parental involvement is another crucial factor discussed in this study. When parents and teachers work together, students receive consistent messages about behavior expectations both at home and at school. This consistency strengthens discipline and helps students develop a clear understanding of acceptable behavior. Without parental support, it becomes more difficult for schools to maintain long-term behavioral improvement.

It is not enough to focus on one strategy alone; instead, multiple factors must work together, including effective teaching methods, strong teacher-student relationships, emotional development, parental support, and a positive school culture. When these elements are properly integrated, students are more likely to develop self-discipline, respect for others, and a strong motivation to learn. Ultimately, discipline and respect are not only educational goals but also life skills that prepare students for future social and professional success. Therefore, educators should continuously develop their teaching practices and adopt modern, student-centered approaches to create classrooms where discipline and respect naturally thrive.

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