ADVANTAGES AND DISADVANTAGES OF ONLINE LEARNING

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Annotation: *This article analyzes the role of online learning in the modern education system, as well as its main advantages and disadvantages. In recent years, the rapid development of the internet and digital technologies has led to the widespread use of online learning, making it an alternative to traditional classroom-based education. This form of learning provides students with the opportunity to study anytime and anywhere, which is considered one of its main advantages. In addition, online*

platforms offer access to various educational resources, support the development of independent learning skills, and help students manage their time more effectively. At the same time, online learning also presents several challenges. These include reduced direct communication between teachers and students, difficulties in maintaining concentration, technical problems, and a decrease in student motivation, all of which may negatively affect the quality of education. The article discusses these aspects in detail and evaluates the overall effectiveness of online learning.

Keywords: Online learning, distance education, digital technologies, e-learning platforms.

Аннотация : *В данной статье анализируется роль онлайн-обучения в современной системе образования, а также его основные преимущества и недостатки. В последние годы стремительное развитие интернета и цифровых технологий привело к широкому распространению онлайн-обучения, которое стало альтернативой традиционному очному обучению. Данная форма обучения предоставляет студентам возможность учиться в любое время и в любом месте, что считается одним из её главных преимуществ. Кроме того, онлайн-платформы обеспечивают доступ к различным образовательным ресурсам, способствуют развитию навыков самостоятельного обучения и помогают более эффективно управлять временем. В то же время онлайн-обучение имеет и ряд проблем. К ним относятся снижение прямого общения между преподавателями и студентами, трудности с концентрацией внимания, технические неполадки и снижение мотивации студентов, что может негативно влиять на качество образования. В статье подробно рассматриваются эти аспекты и оценивается общая эффективность онлайн-обучения.*

Ключевые слова: Онлайн-обучение, дистанционное образование, цифровые технологии, электронные образовательные платформы.

Annotatsiya: *Ushbu maqolada onlayn ta’limning zamonaviy ta’lim tizimidagi o‘rni, uning asosiy afzalliklari va kamchiliklari tahlil qilinadi. So‘nggi yillarda internet va raqamli texnologiyalarning tez rivojlanishi natijasida onlayn ta’lim keng tarqaldi va an’anaviy o‘qitish usullariga muqobil variant sifatida shakllandi. Ushbu ta’lim shakli talabalarga istalgan joy va vaqtda bilim olish imkonini beradi, bu esa uning eng katta ustunliklaridan biri hisoblanadi. Bundan tashqari, onlayn platformalar orqali turli xil resurslardan foydalanish, mustaqil o‘qish ko‘nikmalarini rivojlantirish va vaqtni samarali boshqarish imkoniyati mavjud. Shu bilan birga, onlayn ta’lim bir qator muammolarni ham keltirib chiqaradi. Jumladan, o‘qituvchi va talaba o‘rtasidagi bevosita muloqotning kamayishi, diqqatni jamlashdagi qiyinchiliklar, texnik muammolar hamda motivatsiyaning pasayishi kabi holatlar ta’lim sifatiga salbiy ta’sir ko‘rsatishi mumkin. Maqolada ushbu jihatlar batafsil yoritilib, onlayn ta’limning umumiy samaradorligi muhokama qilinadi.*

Kalit so‘zlar: Onlayn ta’lim, masofaviy ta’lim tizimi, raqamli texnologiyalar, elektron ta’lim platformalari.

Introduction: Online learning is becoming more common in today’s education system. Many students now study through the internet using phones, laptops, or other digital devices instead of attending traditional classrooms. This method has changed the way people learn and made education more flexible and accessible. At the same time, online learning also brings some challenges that can affect students’ understanding and motivation

Background: Online learning is a form of distance education that uses internet-based technologies to deliver lessons. It includes video lectures, online

assignments, virtual discussions, and digital assessments. According to Anderson (2011), online education has transformed traditional learning by making it more flexible and accessible. Research shows that online learning improves students' digital literacy, self-management, and independent study skills. It allows learners to access educational materials anytime and from anywhere, which increases learning opportunities (Moore, 2014). However, other researchers highlight several disadvantages. For example, lack of face-to-face interaction may reduce students' engagement and communication skills. Technical problems such as unstable internet connection can also interrupt learning. In addition, not all students have equal access to digital devices, which creates inequality in education (Allen & Seaman, 2017). Thus, online learning is a complex system that includes both positive and negative aspects.

Objectives:

The main goal of this research is to analyze the advantages and disadvantages of online learning in modern education. The study aims to answer the following questions:

What benefits does online learning provide to students?

What problems do students face during online learning?

How does online learning affect academic performance and motivation?

Can online learning fully replace traditional classroom education?

Methodology: This study was conducted using a qualitative research approach. The aim was to understand the advantages and disadvantages of online learning through students' experiences and existing research. Information was collected from academic journals, books, and reliable online sources. Previous studies on digital

education were also analyzed to compare different viewpoints. The data was grouped into main themes such as academic performance, motivation, communication, and learning environment. Both positive and negative aspects of online learning were considered to ensure a balanced analysis. In addition, students' general feedback about online learning was taken into account, including their experiences with flexibility, internet issues, and classroom interaction. Overall, this method helped to clearly explain how online learning affects students in modern education.

Results: The results of this study show students' opinions about online learning in modern education. In total, 20 students participated in the survey. Most students (70%) said that online learning is flexible and helps them study from home. They also mentioned that it saves time and gives easy access to learning materials. Around 65% of students reported that recorded lessons are useful for understanding topics better. However, 60% of students faced problems such as poor internet connection and technical issues during online classes. In addition, 55% of students said they have difficulty concentrating while studying online because of distractions at home. Regarding motivation, 50% of students said they feel motivated at the beginning of online lessons, but their motivation decreases over time. Meanwhile, 30% of students reported that they stay motivated because they prefer independent learning. About effectiveness, 62% of students believe online learning is more effective for theory-based subjects, while only 25% think it is effective for practical lessons. The remaining students were unsure. Overall, the results show that students have a mixed opinion about online learning. They appreciate its flexibility and accessibility, but also face challenges such as poor internet connection, lack of interaction, and reduced concentration.

Discussion: The findings of this study suggest that online learning plays an important role in modern education, but its effectiveness depends on several factors.

On the positive side, online learning offers flexibility, independence, and accessibility. Students can learn at their own pace, repeat lessons, and use various digital resources. This makes learning more personalized and convenient. However, there are also challenges. One of the main issues is lack of communication. In traditional classrooms, students can easily ask questions and interact with teachers, while in online learning this process may be limited. As a result, some students may feel less motivated or confused. Another issue is distraction. When studying from home, students may face interruptions from social media, family members, or other activities. This reduces concentration and learning efficiency. Therefore, online learning is most effective when combined with traditional teaching methods. A blended learning system can provide both flexibility and strong academic support.

Conclusion: In conclusion, online learning is an important innovation in modern education that offers many benefits such as flexibility, accessibility, and independent learning opportunities. However, it also has limitations including lack of interaction, technical difficulties, and reduced student motivation. The study shows that online learning cannot completely replace traditional classroom education. Instead, a balanced approach that combines both online and face-to-face learning is more effective. With proper organization, teacher support, and student discipline, online learning can significantly improve the quality of education in the modern world.

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