THE IMPORTANCE OF ACTIVE AND PASSIVE LEARNING IN THE PROCESS OF ACQUIRING KNOWLEDGE

Vocational School No. 1 of Vobkent District,
Bukhara Region English language teacher
Toirova Shahnoza Jahongir qizi

Annotation: This article discusses the role and importance of active and passive learning methods in the process of acquiring knowledge. It explains that active learning involves students' direct participation in the learning process, encouraging independent thinking and helping them gain deeper understanding through practical activities. In contrast, passive learning is based on receiving information through listening, reading, and observation, and plays an important role in introducing new topics. The article also provides general information about the advantages and disadvantages of these teaching methods, as well as the effectiveness of using them in combination.

Keywords: Active learning, passive learning, knowledge acquisition process, education, independent thinking, student engagement, learning process, teaching methods, practical activities, knowledge acquisition.

The process of acquiring knowledge is not limited to memorizing information; it also requires deep understanding and the ability to apply it in practice. Therefore, active and passive learning methods play an important role in the learning process. Active learning involves students directly in the process, developing their independent thinking and analytical skills, while passive learning is mainly based on listening and receiving information.

Active and passive learning methods play different roles in the process of acquiring knowledge, and each has its own specific characteristics. In active learning,

students participate directly in the lesson, ask questions, analyze problems, and try to find solutions. This method develops students' critical thinking, helps them understand knowledge more deeply, and enables them to retain information for a longer time. For example, group work, discussions, and completing practical tasks are forms of active learning.

Passive learning, on the other hand, is mainly based on listening and observation. In this method, students receive information provided by the teacher but do not actively participate in analyzing or discussing it. Listening to lectures, reading books, or watching video lessons are examples of passive learning. This approach is also useful to a certain extent, as it helps introduce new topics and supports the understanding of basic concepts.

However, relying solely on passive learning is not sufficient for strengthening knowledge. Students may receive information superficially without fully understanding it. Active learning, in contrast, enhances knowledge retention and increases the ability to apply it in practice. Therefore, in modern education, combining both methods is considered the most effective approach.

Each of the active and passive learning methods has its own advantages and helps to organize the process of acquiring knowledge effectively.

Advantages of active learning: Active learning fully engages students in the learning process and encourages independent thinking. For example, through discussions, group work, or conducting experiments, students gain a deeper understanding of the topic. This method helps retain knowledge for a longer time because students do not just listen to information but actively apply it in practice. In addition, active learning develops communication skills, teamwork abilities, and problem-solving skills.

Advantages of passive learning: Passive learning allows students to receive new information quickly and easily. For instance, by listening to lectures or watching video

lessons, students can acquire a large amount of information in a short time. This method is especially useful at the initial stage, when becoming familiar with a new topic. Moreover, using books or online materials in independent study also makes passive learning more convenient.

In general, while active learning deepens knowledge, passive learning helps to acquire it more quickly. Therefore, combining both methods leads to the most effective results.

In conclusion, active and passive learning methods play an important role in the process of acquiring knowledge. Active learning develops students' independent thinking and helps them gain deep and lasting understanding, whereas passive learning is useful for quickly receiving new information and becoming familiar with basic concepts. Each method has its own advantages, and their combined use increases the effectiveness of the educational process. Thus, the integration of active and passive learning is considered the most appropriate approach in modern education.

In addition, the balanced use of these methods allows teachers to address different learning styles and individual needs of students. By integrating both approaches, learners become more adaptable, capable of both absorbing information efficiently and applying it critically in real-life situations. This not only enhances academic performance but also prepares students for lifelong learning and continuous self-development in a rapidly changing world.

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